

Personal Trainer

Bigfork Valley Fitness Center / \$16.72 - \$27.40 / Casual

258 Pine Tree Drive, Bigfork, MN, United States

Benefits- Casual Employees

- Earned Sick and Safe Time
- Employee Assistance Program: Bigfork Valley offers you and your family members free, short-term counseling, referral, and support services.
- Experience Pay Given

Job Summary

- Under the direction of both the Allied Health Services Manager and Fitness Center Coordinator, this position shall ensure that clients of the Fitness Center who desire personal training have that opportunity. This position shall have the overall responsibility of helping Fitness Center members improve their lives through health and fitness and maintain a positive member experience – all in accordance with Bigfork Valley’s mission and goals.
- Provide exceptional member services in the Fitness Center.
- Drive personal training participation.
- Make all members feel welcome, safe, and comfortable in the Fitness Center.
- Assist members in creating a physical training program to meet their individual needs and abilities while maintaining confidentiality.
- Talk with members about health, fitness, and related topics.
- Focus on member experience, including proper follow-up to members and potential clients.
- Encourage members to complete their goals and provide accountability.
- Work with Allied Health Services Manager and Human Resources to execute necessary marketing strategies to drive personal training participation.
- Assist with marketing preparation to utilize social media streams to enhance engagement, community, and culture.
- Conduct fitness consultations, including pre-participation screening, medical history, lifestyle questionnaire, and goal setting to assess and recommend personal goals. Personal what?
- Deliver designed workouts to individuals or groups of 1-3 members.
- Continually monitor and assist members to ensure proper and safe exercise performance and equipment use.
- Use and demonstrate proper equipment cleaning after use.
- Attend weekly/monthly meetings and trainings as deemed necessary by the Allied Health Services Manager.
- Remain current on certifications, continuing education, and new trends in the industry.
- All other duties as assigned.

About the Position

- Casual
- Days
- On-Site at Bigfork Valley

Qualifications

- High School Diploma or equivalent.
- Certified Personal Trainer certificate required.
- Two-three years of experience is preferred.

*The hourly wage for this position is \$16.72/hour to \$27.40/hour, with a median wage of \$22.06/hour. It is not typical for an individual to be hired at or near the top of the range for their role. Compensation decisions are dependent on the facts and circumstance of each case and on several factors including relevant work experience, education, certification & licensure, and internal equity. Hourly pay is just one part of the compensation package for employees.

EEO/AA Employer/Vets/Disability