

Bigfork Valley Surgery & Specialty Clinic



258 Pine Tree Drive, Bigfork, MN 56628

Specialty Clinic: Phone 218-743-4317; Fax 218-743-4271

Surgery Center: Phone 218-743-4135; Fax 218-743-4298

Daniel L. Baker, M.D., ABOS

Jeffery J. Temple, APRN, OPA-C

KNEE ARTHROSCOPY TERMS

1. Arthroscopy – Visualization in a joint with the assistance of a camera.
2. Medial Femoral Condyle (MFC) – End of the femur/thigh bone on the inside.
3. Lateral Femoral Condyle (LFC) – End of the femur/thigh bone on the outside.
4. Medial Tibial Plateau (MTP) – Top of the tibia/shin bone on the inside.
5. Lateral Tibial Plateau (LTP) – Top of the femur/thigh bone on the inside.
6. Medial Meniscus Tear – Tearing of the shock absorber.
7. Lateral Meniscus Tear – Tearing of the shock absorber.
8. Debridement – Removing or smoothing the torn part of a torn meniscus or cartilage.
9. Repair – Stitching the torn meniscus.
10. Chondromalacia – Softening of the articular cartilage.
11. Chondroplasty – Smoothing of the articular cartilage.
12. Loose Body – A piece of cartilage that is floating around in the knee joint.
13. Osteochondral Defect (OCD) – Where a piece of articular cartilage and bone becomes cracked or loose from the end of the bone.
14. Plica – Remnants of synovial lining development. Creates a fold of the lining which can cause knee pain when the knee is flexed (bent).