

Form updated 7/24/09: old form will also be accepted.



September 12, 2009 9:00 am 7:30 a.m. start half-marathon Bigfork Valley Challenge



\$15 before August 31, \$18 after

Last Name: _____

First Name: _____

Address: _____

City, State, Zip: _____

Phone #: _____

Email address: _____

Gender: M _____ F _____

Age Group: 0-13 14-19 20-29 30-39 40-49 50-59 60-69 70+

Shirt size: _____
(shirt guaranteed only if registered prior to August 31)

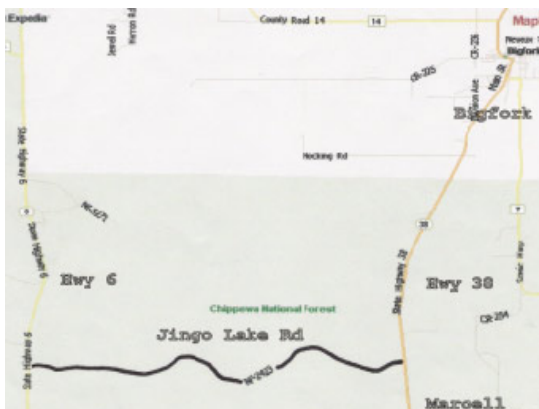
New! 13.1 mile half-marathon
4.5 mile run 3 mile non-competitive walk/run
(circle one)

Release: I understand that running a road race is a potentially hazardous activity. I enter and participate in this event certifying that I am medically able and properly trained. I also know that although police protection will be provided, there may be traffic on or near the course route. I assume the risk of running and walking in traffic. I also assume any and all other risks associated with participating in this event, including, but not limited to, falls, contact with other participants, volunteers, spectators, and traffic, the effects of weather, including wind, rain and hail, lightning, high heat and/or humidity, cold and the condition of the course. Knowing these facts, I hereby for myself, my heirs, executors, administrators, personal representatives or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the Bigfork Valley Challenge event and any other organization associated with the event, including the U.S. Forest Service, Police, Bigfork Valley, Northern Itasca Hospital District, volunteers, including the agents, employees, assigns or anyone acting for or on behalf of any of them, from any and all claims or liability for death, personal injury, or property damage, or any kind or nature, arising out of, or in the course of, my participation in this event, whether foreseen, or unforeseen, known or unknown. I also understand and agree that this organization or event may subsequently use for publicity and/or promotional purposes my name and/or photographs of me participating in this event without obligation or liability to me. I understand that entry fees I pay are not refundable. I have read the forgoing and certify my agreement by my signature below.

Signature: _____ (Parent's if under 18) Date: _____

\$15/person, \$50/family before August 31st.
\$18/person, \$60/family afterward
(Family is parent(s) & kids 18 & under)
Please send registration form and check to:

Bigfork Valley Challenge
P.O. Box 258
Bigfork, MN 56628



Packet pick-up and race day registration will take place at Kocian's Market in Bigfork from 7 – 8:30 am, with shuttles leaving from there to take participants to the start line. Last shuttle will leave Kocian's at 8:30 am. Participants will be shuttled back to Kocian's Market after the race.

Would you like to sponsor a military member who is deployed overseas? After completing the run during September, sponsored participants will receive a medal and tee shirt as part of your sponsorship. In 2008, eleven deployed U.S. Air Force personnel ran the Bigfork Challenge.

I would like to be recognized as a sponsor for \$15

New this year: a 13.1 mile all-terrain half marathon. This race will run over pavement, gravel road and groomed grass trail starting at the registration point in Bigfork (Kocian's Market) at 7:30 a.m. and ending at the Challenge finish line on Jingo Lake Road. Please preregister for this race. Registration starts at 7 a.m. for the 7:30 a.m. start.